



Bridge Parle: Spiral Bracelet & Necklace

There are 5 steps to creating your beautiful bracelet: The basic cellini weave, reversing the spiral, adding chain (for a necklace), toggle bar clasp and a fancy toggle clasp for a bracelet (as shows in this image).

With all of these steps, you will be able to decide if you want to make a necklace, bracelet or single spiral beads. Simply adapt the sizes and lengths of the piece you create accordingly. Cellini stitch is actually just circle peyote stitch, but by using different size seed beads, you can create this wonderful spiral effect. Complete a piece of spiral approximately 5 inches long for your necklace, and 7/8 inches for your bracelet.



Step 1: Basic Cellini



Step 1A
On an armspan of thread, pick up 14 seed beads in this order... 4 size 15, 2 size 11, 2 size 8, 2 size 6, 2 size 8 and 2 size 11.



Step 1B
Pass your needle back through the first 2 size 15 seed beads you added to form a ring.



Step 1C (Tip)
Tip for cellini spiral.. The next bead you pick up, will always be the same bead your thread is coming out of. As your thread is coming out of a size 15, pick up a size 15, skip a beads and sew through the next bead.



Step 1D
Again, your thread is coming out of a 15, so pick up a 15, skip the next bead and sew through the next bead.



Step 1E (Tip)
Notice that the bead that you are going to sew into, is the 2nd bead of the following colour, the one that is furthest away. Pick up a size 11, skip a bead, and sew through the next bead.



Step 1F
Pick up an 8, skip a bead, and sew through the next bead



Step 1G
Pick up an 6, skip a bead, and sew through the next bead.



Step 1H
Pick up an 8, skip a bead, and sew through the next bead.



Step 1I
Your thread is now coming out of a size 11 seed bead and you have finished the first round. You now need to "step up" to begin the next round.



Step 1J
Pick up a size 11 seed bead, skip a bead, and sew through the next 2 size 15 seed beads. This is how your work should now look.



Step 1K: Keeping Tension
This is the easiest way to hold your work while adding beads, wrap the tail thread around your middle finger and hold your work between your index finger and your thumb.



Step 1L
Image showing 'step up bead'



Step 1M
When you reach the end of a round, stop just before you are about to step up. Instead of stepping up through 2 beads, sew through just the first bead.



Step 1N
Your spiral after 20 rounds. To keep count of how many rounds you have completed, just count your size 6 beads around the spiral.



Step 1O
To end your spiral neatly, complete 2 more rounds of peyote stitch, but only use size 15 seed beads. This will close the hole at the end of your work and give you a neat finish.

Reversing the Spiral: When your strip of Cellini spiral has reached about 3 inches long, it's time to start the reverse stitch.



Step 2A
Starting at the centre leaf and working your way up either side. Take note of where you will angle your leaves slightly at the "turning connection".
Follow the image above



Step 2B
Pick up a 15, and working in the opposite direction, sew through the next sticking out bead. This will be the last size 11 seed bead you added in the previous round.



Step 2C
Continue doing peyote stitch to complete the round, still picking up the same bead as your thread is coming out of. For this round only, you will be sewing into the first bead of the following colour.



Step 2D
When you finish the round, step up through the last 2 size 15 seed beads.



Step 2E
From this round onwards, you will now be sewing into the 2nd seed bead of the following 2 seed beads as before.



Step 2F
Close up picture showing your step up.



Step 2G
You can now clearly see your reverse spiral taking shape

Tip
To ensure that both sides of your piece are even, count the size 6 beads around the edge of your work before you started the reverse, whatever this amount is, count out that many size 6 seed beads for the reverse side. You will know you have finished and the both sides are even when you run out of size 6 beads.



Step 3A: Adding Chain

With your needle coming out of a size 15 seed bead, ensure your thread is at least 30 inches long. Pass your needle down through the centre of your work, and exit out of the side anywhere about an inch down.



Step 3B

Sew through the nearest bead to where your thread is coming out. This will lock it in place.



Step 3C

Pass your needle back into your work and up through the centre hole. The reason for this step is to centre your thread, if you don't do this, your pearl that you are about to add will sit off to the side.



Step 3D

Pick up your pearl and let it drop to your work. It should sit snugly in between the 15's.



Step 3E

To start your chain, pick up 10 size 15 seed beads and 1 pearl. Repeat adding 10 seed beads and 1 pearl until your chain is approximately 6 inches long. When your chain is long enough, end by picking up 15 size 15 seed beads.

Now continue onto step 4 to add your toggle bar.



Step 3F

Repeat all steps to add the chain to the other side of your piece. Instead of adding 15 size 15 seed beads at the end, add 40 size 15 seed beads.



Step 3G

Without picking up any beads, sew back through the pearl. Step 4 will show you how to finish the chain.



Step 4A: Toggle Clasp

Thread a needle with 30 inches of thread. Pick up 1 size 15 seed bead, 5 pearls and 1 size 15 seed bead.



Step 4B

Skip the last size 15 seed bead you just added, and pass your needle back through the 5 pearls and the 15 seed bead.



Step 4C

With your needle coming out of the 15 seed bead, pass your needle back through the pearls and the size 15 again. This helps to reinforce your work.



Step 4D

Pass your needle down through the first 2 pearls.



Step 4E

Pick up 10 size 15 seed beads, let them drop down to your work, then sew back through all the 10 seed beads 2 times.



Step 4F (Tip)

Hold your work between your fingers when sewing through the 10 seed beads, this will help to keep everything in place.



Step 4G

Pass your needle through the centre pearl and repeat step 4F.



Step 4H

Sew through your pearls to the tail thread end, tie a couple of knots, and sew your threads back into your work to finish. Cut thread.



Step 4I
Use your chain from step 3. Your thread should be coming out of the 15 size 15 seed beads. Sew through all 10 seed beads on one side of your toggle bar.



Step 4J
Your needle will be exiting here..



Step 4K
Without pick up any beads, sew down through the first 5 seed beads of your chain.



Step 4L
Pick up 5 seed beads, and repeat step 4I sewing around the other set of 10 seed beads on your toggle bar.



Step 4M
Sew your needle back through all the seed beads to exit out of the first pearl.



Step 4N
Pick up 10 size 15 seed beads and sew through the next pearl. Repeat until you reach your work.



Step 4O
Sew through the pearl and out through the side of your work. Check that your tension is good on the chain and all your beads are sitting snugly before sewing in your thread to finish your work.



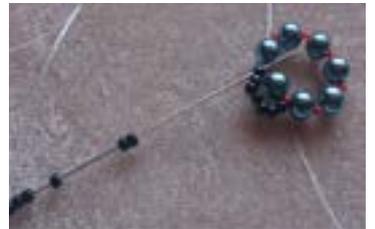
Step 5A
Bracelet toggle flower
Thread at least a meter of thread with a needle. Pick up 1 pearl and 1 size 15 seed bead 7 times.



Step 5B
Sew back through all your beads again to form a ring. Exit your thread from the pearl after the tail thread.



Step 5C
Pick up 7 size 11 seed beads and sew back through the pearl you are coming out of. Continue sewing through the next size 15 seed bead and the next pearl to start your next petal.



Step 5D
Pick up 6 size 11 seed beads and sew down through the last 11/0 seed bead you added. Sew back through the pearl. Through the next size 15 seed bead and the next pearl to start your next petal.



Step 5E
How your work will look after 2 petals.



Step 5F
Adding the 6 seed beads and passing through the 11/0, the pearl, the 15/0 and the next pearl.



Step 5G
6 petals added. We will now close up.



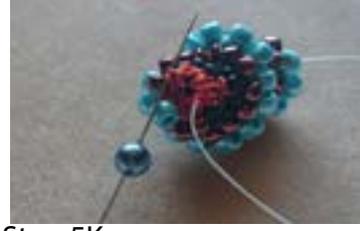
Step 5H
With your thread coming out of the pearl, sew up through the very first 11/0 you added in this round. Pick up 5 11/0 seed beads, and sew down through the last 11/0 you added to the previous petal.



Step 5I
Sew through your centre beads until you reach your tail thread.



Step 5J
Tie your threads together and securely sew through your work in finish off. Cut threads.



Step 5K
Pick up your bracelet, and with the thread coming out of a 15/o, pick up a pearl and sew through the 15/o on the opposite side of the opening.



Step 5L
Sew back through the pearl and into the 15/o you started from and pull snug.



Step 5M
Pass back into the pearl.



Step 5N
Referring to the picture, sew through beads 5 and 6 of the 7 bead petal on your toggle.



Step 5O
Sew back up the corresponding to beads on the opposite petal.



Step 5P
Sew back through the pearl.



Step 5Q
Sew back through all your beads a couple of times to reinforce your work and tie off your thread.



Step 5R
Attach the toggle bar to the other end of the bracelet using the same method as in step 4.

