



Pinch bead bracelet

Materials:

Pinch beads
Seed beads
Monofilament or beading thread
Clasp
2 Jump rings



Tools:

Scissors
Big eye needle (recommended)
Beading mat
Ruler
Strong glue

Before you begin:

It is worth having a quick practise of the technique before you get started properly. This way you can learn how you want to hold the beading as you work. There's no right or wrong way, whatever works best for you.

Step 1

Cut 120cm of monofilament or beading thread (we've use a dark coloured thread for clarity). String the following beads: pinch, seed, pinch, seed, pinch, seed. Go through all the beads a second time then knot. Push the beads into a rectangular shape to form two columns.



Step 2

Go through the first pinch bead you strung. Take care not to pull the knot into the pinch bead as you'll need to go through this bead again.



Step 3

Pick up a seed bead then go through the last pinch bead you strung so that you are working back to the knot. Pull tight so that the sides of the rectangle are held in place.



Step 4

Pass through the seed bead by the knot, then along one side of the rectangle, going through a pinch, seed and pinch bead.



Step 5

Turn your beadwork so that the knot is furthest from you. String the following: seed, pinch, seed, pinch, seed. Go through the first pinch bead on the other side.



Step 6

Pass through the seed bead added in step 3



Step 7

Go across to the other column and pass through a pinch, seed and pinch bead.



Step 8

Repeat steps 5, 6 & 7 until you have the desired length – aim to add around 50 pinch beads in total. The photo shows how the bracelet should grow.



Step 9

Finish by passing through a seed bead. String 4 seed beads and pass through all the seed beads, including the one on the bracelet, at least once. Pull into a tight circle. Knot the strand to your work then weave the end into a short way. Add a dab of glue to the knot then trim off the excess. Repeat at the other end with the long tail then add a clasp using jump ring.

You can use this technique to create rings or bangles. Have fun with the designs and experiment.

